

LISMORE HIGH CAMPUS NEWSLETTER



THE RIVERS
SECONDARY COLLEGE

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ISSUE 3 | WEEK 9 | TERM 3 | 2022

EXECUTIVE REPORT

I would like to firstly thank our entire school community for your support over the last term while we recover, and build on the momentum established before the flooding crisis. We are focussed on bringing life back to normal here at the campus, getting the basics right at student level, and right through to school and community level.

Last week, we had our first Student Learning Conferences at Lismore High Campus. Our aim was to provide a different model of parent teacher meetings, and to engage more parents in the learning process. Early data suggests we had a greater percentage of parents engaging in the night, which is pleasing. There will be further surveys for all parents to complete later in the term as we plan for next year, and how we will improve communication with our parent community.

Our next P&C meeting is coming up in November, and we need more parent representation at these events. They are informal meetings, where you be informed about upcoming events and issues. There is also opportunity to ask any questions you have about the school, and to communicate directly with the Principal. These meetings rarely last longer than a half hour, there is extraordinarily little to no fundraising, but you do get up to date information about your child's school. Keep a lookout for dates early in the next term.

Term 3 has been a blur of activity and Term 4 will be no different. With HSC exams, reporting, and the end of a very long year, please let us know if your child is experiencing any difficulties. Use their Year Advisors, class teachers and even Deputy Principals if needed, to ensure you and your child are comfortable with the opportunities and education at Lismore High Campus. We are trying to find new ways to continue to improve our service, so please let us know how we can support you.

2023 School Captains have been decided, through a long merit selection process. Congratulations to Harriet Freund and Maddison Stanford-King as School Captains, and Skyla Davis, Jaden Grissell and Alexis Ryan as the Vice Captains. These students will attend a GRIP School Leadership Conference in early Term 4, with a Lismore High Campus Leadership Day soon after.

And finally, congratulations to our Year 12 students who will finish next week. Arguably, the most impacted school group to ever go through, but also one of the best groups of young people I have had the pleasure of leading. Their graduation ceremony is on Friday morning at 9.30am. Parents are welcome to attend.

Have a safe and relaxing holiday and we will see you next term.

Kirt Swanbury
Principal (Rel)

2022 CALENDAR

TERM 3

23 September	Chess Tournament Emmanuel Anglican College Year 12 Farewell Breakfast 7.30am Year 12 Farewell Assembly 9.30am
22 September	Queen's Memorial Day
23 September	Last day of Term 3
10 October	Students return to school
12 October	HSC Exams commence
18 & 20 October	Love Bites Program Year 10
21 October	Lismore High Campus Show Team
26 & 27 October	Dental Clinic
14 November	P&C Meeting
18 November	Year 12 Formal

P & C NEWS

On behalf of the P&C I would like to say a big thank you to Ang Spies for her dedication and commitment to the P&C and the role of Treasurer over the past few years. We thank you for everything you have done.

Nadine Toniello
P&C President.

Administration News

Earlier this week all students were given a Change of Student Details form. We ask that you please update any details that may have changed within your family structure (ie address, phone numbers, emergency contacts, court orders) and return to Student Services as soon as possible.



A reminder that our next 20% off event is fast approaching, the sale will run for the **13th and 14th of October.**

These days present a great opportunity for parents who wish to take advantage of our 20% off days when purchasing their school uniforms.

Purchases can be made online or in the store that stocks your school's uniform, please note click and collect will not be available on these days.

We would like to respectfully acknowledge the Elders past and present of the Widjabal Wiyabal people and other peoples of Bundjalung Nation. We acknowledge that they are the first peoples of this land on which our school stands. Always was, always will be.

EDUCATION AWARDS 2022

During Education Week a number of our dedicated staff received awards. Lismore High Campus would like to congratulate them on their dedication and professionalism to Education.



Terri Blume
Jason Caught
Jason Chan
Amy Chapman
Byron Christie
Stephanie Coble-Runge
Tam Forsyth
Dean French
Jo-Anne Giles
Karen Gray

Scott Harrison
Donna Magann
Kellie McBeath
Bradly O'Reilly
John Paden
Yvonne Sawtell
Leanne Sommerville
Zoe Tirenán
Laura Zappia

Congratulations to Principal Kirt Swanbury on receiving the Staff Contribution to Public Education Achievement Award.

Well done to all recipients.



FAR NORTH COAST DANCE FESTIVAL

It's a 7:30am start for our dancers as we jumped on the bus to Tweed Heads. Straight off the bus to a safety briefing at Twin Towns where performances will take place tonight at 7pm. We are ushered into the auditorium for the technical rehearsals. Lighting, positioning and spacing and a run through of the dance all happen during this time. Off for a rehearsal and a warm up down stairs and then it's up to the stage for our technical rehearsal. After a few notes on the performance LHC were off for an early dinner and a quick look around Coolangatta.

5:30pm - Refreshed and ready to go after our break, LHC students head backstage to get ready. With costumes on it was time for Miss Zappia to apply false eyelashes. The show starts at 7:15pm, we are slowly warming up and tweaking some movements and positions. We head up to the stage at 8:15pm and smash out a great performance. Students head off stage and down to the dressing room, grab our stuff and jump on the bus. We arrived back at LHC by 10:40pm. A very long day for our students, but their hard work paid off and the performance looked great! Congrats to all students involved and a big thank you to Miss Morris for coming along with us.

This year the dance elective classes for Years 9 and 10 performed a combined performance piece. The theme was flowers blooming and the dance is titled 'Spring'. There were 25 items this year with 400 students participating and a sold out performance in front of 1000 people.

You can see a recording of the performance via the below link.

<https://youtu.be/kUgjqDm13Kw>

L. Zappia
Dance Teacher



AGRICULTURE NEWS

With the change of spring there is a lot happening in our Agriculture department.

Year 9 Agriculture students travelled to a local dairy farm as part of their dairy unit. The rain cleared and it was a great afternoon. The students were able to see the components of a working dairy and gain valuable insight into the dairy industry. A big thank you to Andrew Wilson for giving us a tour.

N Hartley
Agriculture Teacher



AGRICULTURE NEWS Continued

Our chickens have settled into their new chicken tractor and the process to move them is so much easier! Students are aiming to use the regular movement of chickens to return nutrients back into the soil and improve soil health whilst also giving the chicken a free range diet.



Agriculture students are looking to take advantage of the warmer weather with plenty to prepare in the veggie garden. Our winter crops of broccoli, snow peas, carrots, raddish, rocket and spinach have all taken off and will be looking to be harvested in the coming weeks. Next up is preparing for cucumbers, zucchini, capsicum, corn, sunflower and eggplant.



YEAR 12 SPORT LIFESTYLE AND RECREATION

Year 12 Sport Lifestyle and Recreation (SLR) students have recently participated in golf lessons at Lismore Workers Golf Club with professional Peter Jaeger. Students have enjoyed learning the fundamentals of golf including body position, feet and shoulders, movement, grip, swing, contact and follow through. Peter has also offered students the opportunity to practice any afternoon by supplying them with complimentary clubs and balls for the practice nets or putting green.

Any student interested in learning golf is encouraged to drop into the Lismore Workers Golf Club pro-shop or phone Peter on 6621 6016.



MARINE STUDIES

Lismore High School's first ever Year 11 Marine Studies course has been travelling along 'swimmingly'. Our students have learnt about the marine environment and its living systems, dangerous creatures, swimming skills and marine first aid, the anatomy of marine creatures and the commercial and recreational fishing industry in Australia.

Term 3 saw the students head out to Ballina twice to practise their fishing skills. We stopped at the Co-op and had a crash course in fish scaling and filleting, a smell many will not forget!

Arusha Launer won the most catches with a small flat head and whiting!

As part of our careers focus the students spent the day in Byron Bay learning about ecotourism, marine park management and careers in diving. We took to the water to see the whales passing through the Bay to top it all off. A proud moment for their teacher and I hope an experience we will never forget!

The students should be congratulated on their courage and conduct outside of school.

A. Hall
Teacher



MARINE STUDIES WHALE WATCHING

On the 31 August our Marine Studies class went to Byron Bay to meet up with the Byron Bay Dive Centre crew for whale watching. We learnt about different whale behaviours and how the mothers stay and protect their calves while the males swim alone and sing for a female mate, and we were able to use a hydrophone to hear them sing. We were lucky enough to see multiple humpback whales with their calves, a pod of bottle nose dolphins and a huge green sea turtle. While we were out on the ocean we drove past Julian rocks (Nguthungulli Nature Reserve), where many different types of sea creatures live. We would like to thank Miss Hall and Mr Harrison for allowing us to go on this incredible trip and learn about marine wildlife.

Jasmin & Ava.



SUPPORT UNIT NEWS

Congratulations to Brady Williams and Luke Elsley who represented Lismore High Campus at the State Cross Country Championships in Sydney at the end of last term. Both students did exceptionally well, Luke coming 8th and Brady coming 15th in the state out of 76 participants. Well done, boys.

J Giles
Head Teacher



SUPPORT UNIT NEWS

Support students completing their art work.



This term students in the support unit have been learning about biomes identifying them and their location in the world, how they benefit us, what threatens them and what we can do to help. Students worked collaboratively and produced dioramas demonstrating their understanding of the topic. They made the Tundra biome of Alaska, the Serengeti Grasslands of Tanzania, the Aquatic biome all around Australia, the Great Victoria Desert of Australia and many others.



YEAR 7 COOKING

Students created a healthy breakfast of an omelette with a choice of fillings. They are now working towards their assessment which is a free choice healthy meal containing a dairy product.

D Baker
TAS Head Teacher



YEAR 9 / 10 BASKETBALL

Our Year 9/10 boys basketball team recently competed at the Lismore 9/10 Aussie Dent King Challenge. After progressing through the group stages and semifinal without challenge, the boys faced an eager Trinity team. Despite ankle injuries to role players Malik Brown and Maison Scheibel, we were up by 4 points late in the fourth quarter of the grand final. However, the boys sadly couldn't retain the lead, going down on a last second shot.

Another great performance boys!

Mr C Waterman



U15 boys recently competed as the champions of the North Coast Zone against far North Coast champions Byron High for an opportunity to represent the North Coast in Sydney. After a very hard-fought close game, with many lead changes the LHC boys sadly lost by 2 points on last second shot.

Well done boys!

Mr C Waterman



The History of NAIDOC

Before the 1920's, Aboriginal rights groups refused to participate in the celebration of "Australia day" (January 26th) in protest against the treatment of Indigenous Australians. By the 1920s, they were increasingly aware that the broader Australian public were largely ignorant of the boycotts.

On Australia Day, 1938, protestors marched through the streets of Sydney. One of the first major civil rights gatherings in the world, it was known as the Day of Mourning. From 1940 until 1955, the Day of Mourning was held annually on the Sunday before Australia Day and was known as Aborigines Day. In 1955 Aborigines Day was shifted to the first Sunday in July, after it was decided the day should become not simply a protest day but also a celebration of Aboriginal culture. In 1975, it was decided that the event should cover a week, from the first to second Sunday in July.

In 1991, the National Aboriginal Day Observance Committee (NADOC) was expanded to recognise Torres Strait Islander people and culture. The committee then became known as the National Aborigines and Islanders Day Observance Committee (NAIDOC). This new name has become the title for the whole week, not just the day.

Compiled by Arusha Launer

<https://www.naidoc.org.au/about/history>



YEAR 11 ABORIGINAL STUDIES

25 August Lismore Community NAIDOC Celebrations

During Week 6 many of our students enjoyed the community NAIDOC activities at Lismore Showground. During that week we also had some of our students present speeches at District Office to express student ideas on the meaning of this year's NAIDOC theme: Get Up, Stand Up, Show Up!

In 2022, Year 11 Aboriginal Studies students have compiled or written articles or posts to develop community knowledge of events that make up our Australian history.

The article below is written by Madison Stanford-King.

GET UP! STAND UP! SHOW UP!

Madison Stanford-King

This year's NAIDOC Week theme is **Get Up! Stand Up! Show Up!** It represents momentum for change through recognising racism, systematic oppression, sacred land degradation and other social justice issues Blak people face. It is a direct nod to the Aboriginal and Torres Strait Islander activists and Elders who protested for the rights they hold today. Without these strong leaders who *got up, stood up and showed up* Indigenous rights couldn't have progressed the way they did. The theme encourages all people to speak up when it comes to the mistreatment of Blak people and land. It is about joining together in protest of these issues and moving toward a harmonious Australia.



Tent Embassy protests for land rights, 1972.

The Aboriginal Tent Embassy was organised and set up by Aboriginal activists opposite old Parliament House, in 1972. They protested the Australian Government's refusal to acknowledge Aboriginal land rights. The Tent Embassy was and still is a strong example of **Get Up! Stand Up! Show Up!**

To this day, Australia is among the only Commonwealth countries lacking a legally binding treaty with its Indigenous peoples. A treaty would legally recognise First Nations peoples' history and prior 65,000 years occupation of Australia.

The goal of **Get Up! Stand Up! Show Up!** is to strengthen the connection between Indigenous and non-Indigenous Australians through education. By informing yourself and those around you regarding Aboriginal and Torres Strait Islander culture and injustices, we can move away from pushing stereotypes and ignoring Australian history. It isn't a difficult task. It could potentially look like:

- recognising and correcting casual racism
- attending marches or protests
- supporting Blak businesses

Together, we can move toward this future of equality if we

Get Up! Stand Up! Show Up!

FRENCH

Some excellent work by students who chose a French or Australian icon in their area of interest to create a bilingual biography. Bon travail Mahrooz Affan, Michael Carter, Hamish Griffiths, Willow Davis, Keisha Michels and Isabella George.

À bientôt,

Madame Biasion

Qui est Marnus Labuschagne?

Marnus Labuschagne est un joueur de cricket: Il est Australien mais est né en Klerksdorp, South Africa. Il gagne approximativement cinq million dollars annuellement! était né sur 22 Juin 1994.

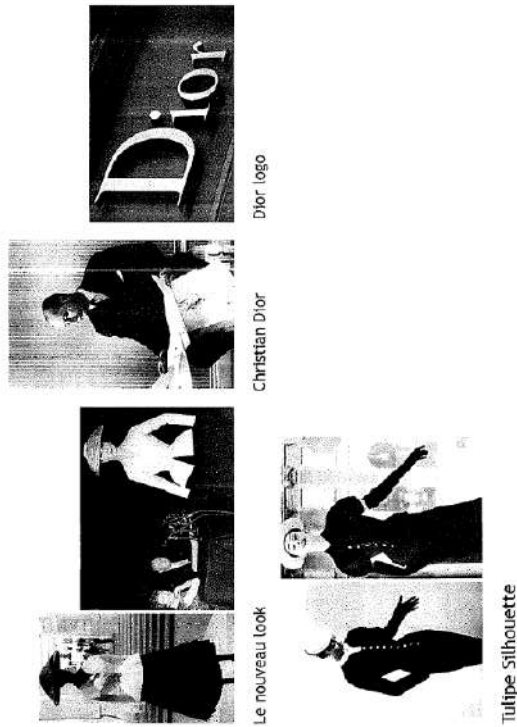
Please use the structures provided to practise authentic french

Bibliographie
<https://www.komports.com.au/cricket/biographie-marnus-labuschagne>
<https://www.101010.com.au/cricket/biographie-marnus-labuschagne>
<https://www.101010.com.au/cricket/biographie-marnus-labuschagne>
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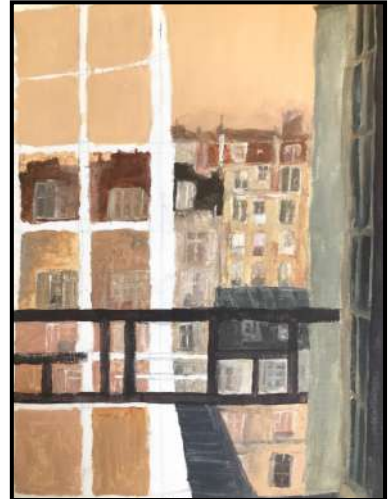
Biographie de personne célèbre - biography of a famous person

Elle = She Il = he

- Name **Il s'appelle Christian Dior**
- Profession **Il est couturier français**
- Nationality **Il est français**
- Town and country of birth **Ville et Pays de naissance: Granville, Manche, Français**
- Date of birth **Date de naissance: Le vingt-quatorze Octobre**
- **Salair**e salary (with Arsenal for example): **46,83 milliards d'euros**
- **conceptions plus célèbre** – their most famous designs: le nouveau look, Tulipe silhouette



YEAR 7 ART



YEAR 8 ART



YEAR 8 COOKING

Students cooked a two course meal this week, penne boscaiola and fruit pastries. Students worked really well, particularly with their cleaning, finishing before the bell.

D Baker
TAS Teacher



YEAR 10 COOKING

Students had the difficult task of cooking a dinner with all elements being ready at the same time. This included the preparation of the Chicken Cordon Bleu, where the chicken required flattening, stuffing with ham and cheese, before being crumbed and fried. It was then served with opera house roast potatoes, honey carrots and bean bundles. Students did a great job with the organisation and teamwork required to prepare and cook this meal.

D Baker
TAS Teacher



YEAR 11 HOSPITALITY

YEAR 11 HOSPITALITY FOOD & BEVERAGE Work placement

The Year 11 Hospitality Food & Beverage students completed their mandatory work placement requirement this term.

Learning in the workplace enables the students to:

- progress towards the achievement of industry competencies
- develop appropriate attitudes towards work
- learn a range of behaviours appropriate to the industry
- practise and apply skills acquired in the classroom
- develop additional skills and knowledge.



Kiara Campbell -
Lismore Heights Bowling



Kate Hepburn -
Clydesdale Motel & Steak Barn



Lachlan Gallagher - Mary G's



Eleanor Morris - The Bank Café and Espresso

YEAR 11 SPORT LIFESTYLE AND RECREATION

Year 11 Sport Lifestyle and Recreation (SLR) students have studied Healthy Lifestyles this term. Students explored what factors affect lifestyle balance and their impact on health status. SLR students used their knowledge of the dietary guidelines to develop a healthy recipe for their teacher to make.

SLR students have also participated in individual games. The competition so far has been fierce.

Well don to all students.

G Callaghan
PDHPE Teacher



EDUCATION HARDSHIP FUND - \$500 PER STUDENT

Many of you may have heard the Minister for Education's announcement last week regarding a funding package to support public schools (and other education and care service providers) in seven identified Local Government Areas (LGAs) affected by the floods in the Northern Rivers, including the Richmond Valley.

This funding package comprises two initiatives which are designed to help our school community recover. The first is an emergency grant payment for our staff. The second is an education hardship fund for students to support their education recovery.

The Education Hardship Fund will provide \$500 for each of our students. The funds will be transferred to each student's school account. The funds will be available for use until the end of the 2023 school year. If you have more than one child at the school, the Education Hardship Fund will appear on our records as a combined amount (e.g. \$1,000 for two children).

What can the funds be used for?

Parents and carers can request to use the funds for school-related activities and expenses including:

- excursions and camps
- school-organised graduations and / or end of year activities
- visiting performances
- sport participation including sport carnivals

Unused funds can be transferred for students moving to another NSW public school, including those transitioning from Year 6 to Year 7. The unused funds cannot be transferred for students moving to an Independent or Catholic school.

Please note that the funds cannot be used for voluntary school contributions, nor can they be 'cashed out' or withdrawn for personal use.

How can I access the funds?

You can contact the school office via email – lismore-h.school@det.nsw.edu.au — to let us know how you would like the funds to be used for your child.

Please consider your child's educational and wellbeing needs based on the list included in this communication.

Canteen Purchases

As part of the \$500 Education Hardship Fund, \$200 can be spent in the school canteen. Vouchers will be available for purchase from the school office each morning **between 8.30 and 9.10am**. \$5 Vouchers will be available.

The amount of the vouchers purchased will be taken from your \$500 but not exceeding the \$200 total. No change will be given to the student from the voucher.

If you would like your student to have access to canteen vouchers, please email the school office lismore-h.school@det.nsw.edu.au noting:

- * total voucher amount allowed for a day – maximum amount \$15
- total amount to be spent on canteen vouchers over time (\$200 or a lesser amount)

Without written parental consent, your student will not be able to purchase canteen vouchers.

Please contact the school if you wish to discuss further.

**[SOCIAL
FUTURES**

**RECOVERY
CONNECT]**



Recovery Connect is a new support service for anyone who has experienced loss or trauma because of natural disaster.

You will be introduced to your Recovery Linker, who will listen to your story and identify your needs. We will then help you, or connect you to the right support services.

Recovery Connect will support you to navigate difficulties with accessing a range of supports. We can help in areas such as financial assistance, counselling, legal advice, identifying grants, business and employment supports, and much more.

You can self-refer or be referred via Service NSW or other organisations.

We cover the regions of Tweed, Byron, Lismore and Clarence Valley.

 **1800 719 625**

recoveryconnect@socialfutures.org.au

Funded under the joint Australian Government - NSW Government Disaster Recovery Funding Arrangements 2018.
The views expressed herein do not necessarily reflect the views of the New South Wales Government.



We acknowledge the Traditional Custodians of the land where we live and work and their continuing connection to land, water, sea and community. We pay respects to Australia's First Peoples, to their unique and diverse cultures, and to Elders past, present and future.

Inclusion is about the actions we take every day. We welcome, support, and celebrate diversity.



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Noble &
Russell**

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If you are in year 12 or currently studying at Uni, email your application to hr@tnr.com.au or call (02) 6626 3000 for more information.

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GRACE O'MALLEY—SCHOOL PERFORMANCE TERM 4

We are currently trying to source the following items that we can use for our upcoming CAPA Performance, Grace O'Malley. The costumes we are wishing to obtain are for Pirate characters.

- ◆ White Shirts
- ◆ Old Jackets / vests

Thank you for your assistance in donating these items.

B Christie
Head Teacher CAPA



School Holidays at the Lismore Area Libraries

BENJAMIN GILMOUR

Fundamentals of Film Making for Youth

at Goonellabah Library

Wednesday 5 October, 2pm - 4pm



Celebrated local writer/director Benjamin Gilmour hosts a one-off workshop on the art of screenwriting and shooting film.

Participants will explore the fundamentals of film making - the growing of ideas, the importance of story, character development and structure.

Participants will then put their film knowledge into practise using a phone or iPad. For ages 12 - 24 years.

Bookings essential. Bookings and more information at 6625 1235 / goonellabah@rtrl.nsw.gov.au

Young Podcasters Workshop

Are you a local teenager obsessed with listening to podcasts like *The Magnus Archives* or *No Such Thing As a Fish*? Ever wanted to make a podcast of your own?

Podcasting is a fun way to share stories, and starting out doesn't need to be expensive. Bring your own smartphone or use a library tablet.

Session 1 - Intro to Podcasting

Tuesday 27 September

Session 2 - Concept & design

Thursday 29 September

Session 3 - Recording

Tuesday 4 October

Session 4 - Editing & Publishing

Thursday 6 October



All sessions will run 2pm - 4pm
at Lismore Pop-up Library
6 Centenary Drive, Goonellabah

Book your place by phoning 6621 2464 or
email lismore@rtrl.nsw.gov.au

CREATE

Then

Animate

Friday 7 October

Part 1: 10am - 11.30am

Part 2: 2pm - 3.30pm

at Goonellabah Library

Book your place by phoning 6625 1235
or email goonellabah@rtrl.nsw.gov.au

Create then animate is the latest workshop offering from The Art of Comics that takes the participant from a blank page to constructing a 2D animation featuring their very own characters. It is a double workshop for children aged 10 and up that can be taken individually or as a two part series.

Part 1: Create

This 90 minute workshop teaches the student how to create characters using a blend of human and animal characteristics. They'll learn how to draw storyboards using stick figures, devise locations and worlds for their creations to exist, and create fun narratives for their characters.

Part 2: Animate

Building on concepts from part 1, this 90 minute workshop will set characters into 'action' using 2D animation. Watch cartoons come to life as they walk through locations, worlds, and universes created by the participant!



Richmond Tweed Regional Library
Connect. Discover. Escape.

Goonellabah Library
27 Oliver Avenue
Goonellabah NSW 2480
02 6625 1235

Lismore Pop-up Library
6 Centenary Drive
Goonellabah
02 6621 2464



Lismore Workers Swim Club

now based at the Lismore

Southern Cross University Pool

Lismore Workers Swim Club is a family friendly club welcoming all members from stroke correction classes through to National Level Pool and Open Water squads.

We cater for all abilities, including Multi Class competitors and Adult Masters squads and encourage swimmers to set goals to achieve their best whether it be for fun, fitness, or competition.

- Training is held every morning from 6am and afternoons from 4.15pm at the Lismore SCU Fitness Centre and Pool.
- Our Clubs nights are held on Fridays at 5.30pm during Term 4 and Term 1. Our first club race night will be the 14th of October.
- We are a family friendly club; all parents are welcome to join in training and club nights.
- Training is free for all new members for two sessions.
- Parents are required to attend club nights with their children.

For more information, please email us on lwstsecretary@gmail.com or follow us on Facebook and Instagram.

