

LISMORE HIGH CAMPUS

NEWSLETTER



THE RIVERS
SECONDARY COLLEGE

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FACULTY FEATURE REPORT - ENGLISH

Lismore High Debating Gains Momentum!



Year 7&8 Debating- Round 2 - Byron Bay vs. Lismore High (via Zoom)

On Thursday 29th July our team battled against Byron Bay High. The topic was: **“that we should ban romantic reality TV shows”**. It was a hard debate with lots of great arguments from both sides. As a team we were very strong even though we had to debate a very difficult negative side. We had to support the idea that romantic reality TV shows like Married at First Sight were valuable to society. This was a very challenging debate and unfortunately, we lost due to our lack of backing up arguments and we could have had stronger rebuttals. But it was a fun day and a great learning experience!

By Kameka Allen

The Year 7&8 Debating Team is: Amy Salmon, Kameka Allen, Kyrra Hamilton, Max Halliday. Their next debate is against Banora Point in the near future.

Year 9&10 Debating – Round 2 – Byron Bay vs. Lismore High (via Zoom)

Later the same day, Year 9&10 rose to the challenge, clashing against Byron Bay with the topic: **“that we should require Australian state and national sports teams to include at least two indigenous players”**. Our team took the affirmative side and argued passionately that this was a good idea. It was a narrow win and our Lismore High students won due to their sheer commitment. They now lead their pool, with a match against Kingscliff standing between them and Zone Final glory.

Team: Chillara Ackrell, Harriet Freund, Jaanay Choppy, Maddison Stanford King.

HOMWORK CENTRE

The Lismore High Campus Homework Centre is back this year with a different look.

It will be running Monday, Wednesday & Thursday afternoons from 3:15pm to 4:30pm in Budjarahm.

Each afternoon will have a different faculty running it, which gives students the opportunity to improve in subjects they may be struggling with.

It's still a great way of getting your homework out of the way before going home.

Get help understanding your task sheet.

Get help starting your task.

Ask any questions as you go.

Get a check-up when you finish before handing in your completed task.

Get a better mark!

TERM 3 & 4	MON	TUES	WED	THUR	FRI
WEEK 1					
WEEK 2	ENGLISH/ HSIE		SNR EX- EC	SCIENCE/ AG	
WEEK 3			MATHS/ PE	HE/ SUPPORT	
WEEK 4	IA/CAPA		ENGLISH/ HSIE	SCIENCE/ AG	
WEEK 5	IA/CAPA		MATHS/ PE	HE / SUPPORT	
WEEK 6	ENGLISH/ HSIE		SNR EX- EC	SCIENCE/ AG	
WEEK 7	IA/CAPA		MATHS/ PE	HE/ SUPPORT	
WEEK 8	ENGLISH/ HSIE		SNR EX- EC	SCIENCE/ AG	
WEEK 9	IA/ CAPA		MATHS/ PE	HE/ SUPPORT	
WEEK 10	ENGLISH/ HSIE		SNR EX- EC		

CALENDAR

10 September **POSTPONED to March 2022**
Lismore High Campus Centenary Celebrations

11 September **POSTPONED to March 2022**
Centenary Dinner - Lismore Workers Club

17 September
Lismore High Campus - Year 12 Farewell Assembly

17 September
Last Day of Term 3

5 October
First Day of Term 4

P & C NEWS

Please note we have changed meetings to the second Monday of each month. All parents and carers are welcome to attend.

High School P&C's are very different to Primary School. Our role at a High School level is to run the canteen and support the school in decision making, not focus on fundraising.

It would be great to see new parents at our next meeting. Meetings are finished no later than 7pm.

Nadine Toniello
P&C President

EXECUTIVE REPORT

This newsletter is going to be a little bit different from previous newsletters as we are all doing things quite differently at the moment. I'd firstly like to thank all of our community, in particular parents, carers and families who are all working very hard under extremely difficult circumstances to provide a space for their children to engage in their learning. It is very important that all students are working through their online or hard copy work packs and letting teachers know if there are issues. Please ask your teachers questions through the google classroom chat function if participating in online learning. If you need to ask a question while working on a work pack, please contact the LHC office and let the staff know your child's name, which subject the question is about and what year your child is in. I'd also like to thank all staff for their continued efforts ensuring learning can continue and families are being contacted to see how everyone is travelling.

With minimal staff on site each day, teachers and support staff are using technology to continue to make sure all regular school operations and meetings which can happen, do occur so that all students are supported. Faculty, wellbeing, learning and support and whole school staff meetings happen online each week along with many other incidental meetings which may be required. The Senior College Leadership Group of principals also continue to meet to most effectively plan a consistent and equitable way forward for all students and staff across the 3 campuses which is, guided by the Department of Education and Health NSW. You should be able to see some evidence of some of these meetings on our school's Facebook page.

The centenary which was originally planned for last year and postponed to next month, has again been postponed and is now planned for March 2022. Helen and her team have been working very hard for a long time now and they have shown incredible flexibility to continue to keep everyone up to date with information in light of the current situation. I'm sure everyone is looking forward to when we will formally celebrate 100 years of Lismore High.

Construction continues to progress well at the school with multiple construction zones. The roof replacement on yelgun and gooyumgun is very close to being finished with the old roof and rubbish being removed. This means the rooms which sustained water damage will soon begin refurbishment. The new carpark, walkway and staffroom in ngulungmay are making great progress, and will also be finished in the upcoming weeks.

Finally, I'd like to acknowledge the impact stay at home orders have on everyone's wellbeing. Please make sure you and the people around you take some time out. This is very important for students, families, community and LHC staff as well.

Stay safe and well.

Trent Graham
Deputy Principal

100-word Story Challenge for Year 7 English

During the snap lockdown, Year 7 English students completed a creative writing challenge: to write a story in 100 words. Here is the activity and some of the imaginative student responses. There are some good lessons here!

Exercise: Write a 100-word story about the importance of listening to the advice of elders or a parent. Use the narrative structure as a guide. The challenge is to use *exactly* 100 words!

Caitlin Halliday

Nona Beatrice and her grandson Charlie live in a small blue cottage in Budapest. Nona Beatrice is telling Charlie about how she used to have to hike up Mount Everest to get to school in the morning when their ears bleed from a screeching siren. Before they can react, the ceiling flies off and Charlie is dragged into the air by the hurricane... He is abruptly thrown back into the cottage; it turns out that Nona Beatrice controlled the storm and forced Charlie to learn his lesson the hard way... Always pay attention to what the elders have to say.

Amelie Playsted

Jim doesn't like to clean. He never cleans his room and likes it just the way it is. Jim's parents also tell him to clean his room but he never does. He thinks that his mind is obviously occupied with the much more important stuff like how to explain why he hasn't handed in his homework. One day when he is walking into his room when there is a very funny smell he starts throwing things around to investigate what is going on. Then he sees a dead mouse just lying on the floor. Jim always cleans his room now.

Kaleoh Smith

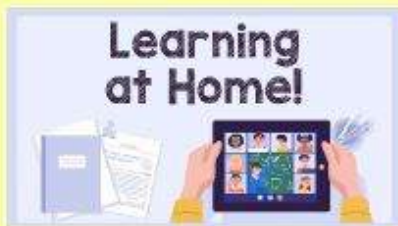
One day, I woke up in the morning when I realised that I had no food. My bank account also didn't have much money at all because of my water bills from having long showers and electricity bills from keeping lights on. I should have listened to my parents! I had been fired from my job days before for lacking effort. I had more bills to pay with only \$13.50 in my bank account. I had a problem. I was really scared and having an anxiety attack because I thought I had to live on the side of the street.

PRE-LOVED UNIFORMS

Covid has given us time to get to the back of the cupboard and find the too small uniforms no longer required. Please pop them aside for our clothing pool as they will be gratefully received on our return to face to face learning.



Lismore High Student Support Guide – What should I do during remote learning?



1. Access all of your online learning (check parent email/Facebook/school website for Google Classroom and Microsoft Teams details). *These may be different to your normal Google Classrooms used at school as most faculties will have created them for Year Groups, specifically for remote learning.*

If you can't work online, let the school know so that we can organise an Offline Learning Pack for your year group for you.

2. Create a learning space at home

Using a designated learning space helps establish boundaries between learning & home. It doesn't have to be a separate room; you can create your space with the items you need. It could be a different chair, laptop, books, pencils etc. This will help you be in the zone of *'when I am here, I am learning'*.

3. Get in a routine



Your routine doesn't have to be 9:10am – 3:15pm. Set a routine that you can adapt to your family's situation. Maybe mornings are too hectic, so starting later in the day is better. Be realistic, flexible – and most importantly, gentle with yourselves.

For Years 7-10: We suggest following your timetable for each day but for every lesson, work for 30mins and have a 20min brain break. That adds up to only 3 hours of school work each day! You can do that!

For Years 11-12: We suggest following your timetable for each day but for every lesson, work for 40mins and have a 10min brain break. You can do that!

Make sure you take a Recess and Lunch break. Look after your wellbeing, go outside if you can, disconnect from technology, do some physical activity.

DO NOT BURN OUT – If you are in Years 7-10, make sure you are not doing more than 4 hours of learning activities/day.

The Department of Education provides the following guides for the amount of work you should be aiming to complete each day:

Years 7-10

You should be aiming to learn from home for 3.5 hours each day.

- 30-45 minutes of English activities
- 30-45 minutes of Mathematics activities
- 90-120 minutes of other activities from Science, HSIE, Creative Arts, PDHPE, Languages, electives.

Years 11 & 12

You should be aiming to follow your usual study of pattern, that is, your timetable.



4. Ask questions of your teachers

If you aren't sure how to do something, ask your teachers a question online...Or just say hi.

Teachers are working from home and are there to assist you. Most will respond within a day of you posting a question.

If you are using an Offline Learning Pack and need help, give the school a call on 66215185.

Some resources that you might find useful:

Guidelines for Remote Learning Success <https://education.nsw.gov.au/teaching-and-learning/learning-from-home/learning-at-home/learning-packages/remote-learning-advice-for-students-and-parents#tabs2>

Digital Lunchbreak activities <https://www.digitallunchbreak.nsw.gov.au/activities>

Resources for Parents and Carers <https://education.nsw.gov.au/teaching-and-learning/learning-from-home/learning-at-home>

STUDY SKILLS TIP - HOME STUDY ENVIRONMENT

HOME STUDY ENVIRONMENT:

The ideal conditions for your home study environment are as follows:

QUIET/PRIVATE:

It is important that you have a space that allows you to focus and have quiet periods when necessary. Some students find this difficult to achieve at home and have found that staying after school for an hour or so and working in the school library is one way of dealing with this situation. Others find a local library near home and do their more difficult work there before going home. Some students place a sign on their door when they need quiet time or else the family agrees together when the quiet periods will be.

DISTRACTION FREE:

We all intend to be strong when trying to deal with distractions but the reality is that willpower is rarely enough. It is much better if temptation is removed. In the periods when you are working on schoolwork, turn off Facebook, Instagram, close all Social Media, turn off your mobile phone and remove all distractions – not for the whole night, just the blocks of time when you are focusing on schoolwork.

Learn more this year about how to improve your results and be more efficient and effective with your schoolwork by working through the units on www.studyskillshandbook.com.au - our school's access details are:

Username: lismorehigh

Password: studyskills

ONLINE ENROLMENT SYSTEM

We are excited to announce the new Online Enrolment System has been rolled out.

The Online Enrolment System is designed to provide flexibility for our parents to submit an enrolment application online and at the time that best suits you. The application can be accessed on all browsers and mobile devices including iOS and Android.

The online application process is currently restricted to:

- Enrolments into **local** schools only
- Children who are Australian citizens, New Zealand citizens or permanent residents
- Children who live in NSW.

We offer our support and encourage you to complete your application to enrol online. If, however, you do not feel comfortable completing an application online, a paper copy will be available for collection from the front office or can be downloaded from the Department's [going to a public school site](#).

Further information about online enrolment can be found on our website [here](#).

Northern Rivers Charity Debutante Ball



Proudly supporting Westpac Lifesaver Helicopter

23rd of October 2021

All dance lessons will be on a Wednesday: Times to be confirmed

Registration: \$400.00 per couple. Must be 16-18years. Registration includes Debutante and Partners meals, dance lessons, flowers, Tie, Professional Photography and administration costs. It is **non-refundable**.

Location: Lismore Workers Club

Entertainment: TBC

Time: 6.45pm to midnight. Doors open 6pm, to be seated by 7.00pm
Strictly NO entry after 7pm. No pass outs.

Tickets: \$110.00 Adults, \$60 Child (15 years & under), 10 guests per table. Debutantes and their partner are each assigned a table. Under 2 years free.

Meal: Entree: Shared platter, Adult – alternate serving: main and dessert.
Child – Children’s main and dessert

Debutante Dress Requirements: Long white dress and long white gloves.

Partner Suit Hire: George Gooley Menswear Lismore

Dance Lessons: 8 lessons will be held at Megan Phillips Dance Academy, Magellan St Lismore. **Dance lesson day and time to be confirmed.**

There will be 1 x Venue Practice held at the Lismore Workers club Auditorium, **date / time to be confirmed.**

Photographer: TBC

Flowers: Wristlet & Buttonhole provided.

Email: nrcdebutante@outlook.com.au

Hosted by Emily Bridal Lismore Ph:0457876920

50% deposit of Registration Fee payment is required to secure formal position in a group.

Experience the new Sentral for Parents App

We've listened, and reinvented. Our new school engagement app has been developed to help you stay connected and informed about your child's education.

Discover the possibilities and download the app today.

To get started visit:
www.sentral.com.au/our-products/parents



SENTRAL

Sentral for Parents app features



Newsfeed and Daily Notices

Receive newsfeed and daily notices about important events that relate to your child.



2-way messaging

Communicate directly with your child's teacher in the app via 2-way messaging. View, download and upload documents.



Calendar

View calendar items to stay up to date with school events.



Absence notifications

Send absence notifications to the school quickly and easily from within the app.

Registration is through the app or website: <https://trscclismore.sentral.com.au/portal2>



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Alumni Information

Please join our Alumni of past Lismore High students and spread the word! Alumni info can be found at the following:

Facebook: <https://www.facebook.com/lismorehighalumni/>

Website: <http://www.lismore-h.schools.nsw.gov.au/our-school/alumni>