

# LISMORE HIGH CAMPUS NEWSLETTER



THE RIVERS  
SECONDARY COLLEGE

Dalley Street Lismore NSW 2480  
T 02 6621 5185 F 02 6622 2940  
E [lismore-h.school@det.nsw.edu.au](mailto:lismore-h.school@det.nsw.edu.au)  
[www.lismore-h.schools.nsw.edu.au](http://www.lismore-h.schools.nsw.edu.au)

ISSUE 6 | TERM 3 | WEEK 6A | 2018

## Ski Trip to Perisher



What a mission! 46 students and four teachers trekked to Kosciuszko National Park and were greeted with a heavy dumping of snow. Straight from the bus to the Skitube to Blue Cow Mountain into our first lessons, we overcame tiredness with excitement and exhilaration upon seeing the breathtaking white slopes receiving a thick, fresh coating. Joining snow trippers from all around the world, with instructors from America, France, Germany, Britain and Canada, our students embraced the experience wholeheartedly.

Whilst some were content with the more forgiving starter hills, others adventured far and wide, experiencing all kinds of runs: green, blue and black. Some of the stronger boarders took on the jump parks and half pipes. They were rewarded with long ski lift rides which offered the chance to slow down and take in the views.

There were only a few minor sprains which saw some students become spectators for the remainder of the trip. Other perils to avoid were smelly socks which had to be washed every night to avoid asphyxiation! Utterly exhausted and satisfied, we crawled into the bus for the trip home, and were treated to a stopover at Canberra centre food court, finally arriving back at Kadina High Campus at 9.30am Saturday 25 August.

Well done to our Lismore High students who gave it their all!

Miss Angela Biasion

French/Italian Teacher/Ski Trip Coordinator

## CALENDAR

**P & C Meeting**  
3 September

**Year 7 Vaccinations & Years 8,  
10 & 11 catch ups**  
10 September

**Year 12 Farewell Assembly**  
28 September

**Year 7-11 Parent/Teacher Night**  
23 October

**Year 10 into 11 Orientation**  
31 October

**P & C Meeting**  
5 November

**Lismore High Madness**  
13 November

**Year 6 into 7 Orientation**  
20 November

**Award Assembly**  
3 December

**P & C Meeting**  
3 December

**P&C Meeting 1st Monday of  
each month**



## LISMORE HIGH CAMPUS

Dalley Street, Lismore NSW 2480

T 02 6621 5185 F 02 6622 2940

E [lismore-h.school@det.nsw.edu.au](mailto:lismore-h.school@det.nsw.edu.au)

[www.lismore-h.schools.nsw.edu.au](http://www.lismore-h.schools.nsw.edu.au)

[www.facebook.com/LismoreHighSchool](https://www.facebook.com/LismoreHighSchool)

We would like to respectfully acknowledge the Elders past and present of the Wijabul Wiyabal people and other peoples of Bundjalung Nation. We acknowledge that they are the first peoples of this land on which our school stands.



## Alumni Information

Please join our Alumni of past Lismore High students and spread the word! Alumni info can be found at the following:

Facebook: <https://www.facebook.com/lismorehighalumni/>

Website: <http://www.lismore-h.schools.nsw.edu.au/our-school/alumni>

## REMINDER FOR P & C MEETING

Next meeting is this Monday 3 September 2018 at 6pm. All welcome.



LHC and KHC students on the Ski Trip.

# Executive Report

Well, here we are into our last five weeks of term. Time flies more quickly every year, but the amount of student achievements continues to grow. Well done to all those students across the sports, arts and music, who have achieved outstanding success for themselves, and pride for their school. Our HSC students are seeing the light at the end of the tunnel, after completing their Trial HSC exams, with once again some outstanding results.

## Uniform

As the weather warms up, there should be no excuse for students to be out of uniform at the school. Lismore High Campus is known for an exceptionally high standard of uniform, and I am focussed on this tradition continuing. A reminder to all parents, that tights and hoodies are not allowed at the school, with tights only allowed under a skirt or shorts. Purchasing the correct uniform can be difficult at times, and if this is the case please let me know, and I will support any family in this situation.

## Behaviour

Lismore High Campus has a zero tolerance approach to aggressive behaviour and bullying. I will deal with any instances through our discipline policy. If your child comes home and reports any aggressive behaviour at school, please call me and let me know so that I can deal with it as a matter of urgency. With all cases of bullying in the first instance, please contact your child's year advisor, and they will follow our anti-bullying policy and resolve the matter. If you are still concerned, please contact me at school, and I will meet with you to resolve the issue. All students and staff deserve the right to learn and teach in an environment which is safe, and I will ensure that this happens at Lismore High Campus.

## Agriculture at Lismore High Campus

One of the new developments at Lismore High Campus is our agriculture area and programs. It is full steam ahead for this outdoor learning area, and will be fully operational by the end of the year. If you have any donations of plants of any kind, soils; mulches, timber or materials for garden beds, please contact myself or Mrs Miller, and we will gladly take care of these resources.

A big thanks goes to the Yr9 FSK classes, which with Mr Amor's support and wisdom, continue to build the infrastructure for this area. I look forward to the next six months seeing our outdoor kitchen area and seating constructed, leading to lots of healthy lunches straight from the garden for all the students.

Mr Kirt Swanbury

Relieving Deputy Principal



New agriculture area

# Royal Queensland Show (Ekka)

Congratulations to Troy Hepburn who attended the Ekka Royal Queensland Show from 10 - 19 August and was awarded the Speckle Park Senior Champion Cow or Heifer. Troy had been preparing his cattle for three months to get ready for the show and worked extremely hard alongside his family.

Troy had to beat two cows with calves at foot (which is very difficult to do) but luck was on his side and he was awarded the first prize.

Troy's family would like to thank Lismore High Campus for supporting Troy and letting him take time off school to pursue his passion and talent with cattle.

Lismore High is very proud of Troy. Well done.



## More pictures from the Ski Trip!



# Visual Arts Excursion to Brisbane



During the last week of Term 2 Elective Visual Arts students were invited to attend a combined Rivers College excursion to Brisbane to the Gallery of Modern Art and the Queensland Art Gallery to view two very contemporary art exhibitions.

The first at the Gallery of Modern Art was by Patricia Piccinini who is an Australian artist well known for her unusual and often grotesque and confronting sculptures, digitally manipulated photographs and films. Piccinini expresses her ideas about technological intervention in producing, maintaining and enhancing life, the relationship between the natural and the artificial and family love, in particular, maternal love. While Piccinini designs all of her artworks she has a team of experts who construct them and they are so realistic they look as if they could suddenly come to life.

While at GoMA students also viewed the permanent exhibition and the Queensland schools High Achievers exhibition of artworks. These works were inspiring for students working towards their own Visual Arts HSC submissions in the future.

In the Queensland Art Gallery, next door to GoMA, students viewed the work of indigenous artist Tony Albert. Albert's work includes large scale installations, found object collages, sculpture, photography, video and collaborative work. Albert's work provokes thought about indigenous issues cleverly using "Aboriginalia", kitsch items featuring caricatured depictions of Aboriginal people and their culture.

Despite the early start and late finish to the day, students enjoyed the exhibitions and the chance to connect with students from the other campuses.

Ms Roslyn Myles  
Visual Arts teacher



# Career News

## Year 12

The trial HSC exams have now finished and students should be starting to think about applying for university via UAC or QTAC (and other states if necessary!) as well as looking at Early Entry Schemes and Scholarships at specific universities. Whilst closing dates are five weeks away, students and parents should be aware that this time will go quickly. Please talk to your Year 12 student about applying for university, if that is what they are choosing to do.

## Year 10

### Southern Cross University Head Start program 2019

Southern Cross University Head Start provides an opportunity for Year 11 and 12 students to gain direct entry and advanced standing into a variety of courses offered at Southern Cross University. Free from university fees, the program offers students the chance to gain a taste of university life, stimulate their interest in academic pursuits and enhance their educational performance and long-term aspirations. The program has been designed for students who have the academic capability to succeed at university. Applicants will be selected on merit, based on their academic performance, a personal statement and the recommendation of the Principal.

Applications for the 2019 Head-Start intake are now open. Please see all the details via the following web link: [www.scu.edu.au/headstart](http://www.scu.edu.au/headstart)

### Transition from School to Work Expo

On Thursday 13 September a number of job placement organisations that offer Transition To Work programs will be visiting Lismore High during periods 4 and 5 (11.20am – 1.00pm) that day. This is a great opportunity for students in Years 10, 11 and 12 who are not sure about their future career paths, to come along and collect some information, ask questions and start planning for their transition from school.

The organisations attending will include Tursa, Novaskill, Verto and TAFE Smart and Skilled. This information expo is open for parents to attend as well.

Please contact me on 06 6621 5185 for further details.

Mr Glenn Jeffery

Careers Adviser



Mr Jeffery and Mrs Elliott dressed as Wally and Wanda for the staff dress up day! Can you spot Mr Jeffery in the garden and library?

# Rivers Madness



Last night, on Wednesday 29 August 2018, the CAPA staff and HSC students of the Rivers Secondary Colleges showcased an array of talent at the Lismore Workers Club at the production of the Rivers Madness Night.

There were outstanding artworks, dances, musical items and drama skits from students across the college. We are very proud of all students who attended and participated in the Madness production.

We will be hosting a special Lismore High Campus Mad Night next term on Tuesday 13 November 2018. Make sure you keep an eye out on our social media for updates and tickets so you don't miss out!



# Antipodeans

August 2018

Dear Parent/Guardian,

**Lismore Community Vietnam Expedition, September 2019**  
**Parent & Student Information Evening – 5.30pm, Wednesday 15th August**  
**Lismore District Office, Ballina Rd, Goonellabah**

I am excited to announce the launch of an Antipodeans Expedition to Vietnam in September 2019. This Expedition gives your child a life-changing experience in the world beyond the classroom.

Students will travel as a team to participate in a:

- Sustainable, hands-on community project
- Challenging and breathtaking team trek
- Dynamic exploration of the amazing sites of this unforgettable country

As such, we strongly recommend you consider this opportunity for your child and find out more at our Parents Information Evening held on Wednesday 15th August at the Lismore District Office.

The Expedition is managed by student travel specialists Antipodeans, who bring over 25 years experience in conducting high school Expeditions through 30+ developing countries.

**What students gain:**

The Expedition will be 'student-led'. It drives students to make decisions, take responsibility for their actions; and in the process, develop team work and leadership skills. Guided by an expert support team, students gain a true appreciation of their host country, become 'global citizens'; and of course, have the time of their lives!

I would like to invite you and your child to a presentation where we will discuss the program, its benefits, safety and back-up, fundraising support and answer any questions you have about this unique and rewarding educational opportunity.

If you are interested in attending the Parents' Information Evening, please register your attendance online at [tinyurl.com/LismoreVietnam](http://tinyurl.com/LismoreVietnam)

If you have any questions before then, please feel free to contact me on the details below. I look forward to seeing you all there!

Yours sincerely,

**Sam Wade**

Program Development Manager, Antipodeans

**M:** 1800 502 014

**E:** [sam@antipodeans.com.au](mailto:sam@antipodeans.com.au)



**VIETNAM  
EXPEDITION**

LISMORE COMMUNITY  
SEPTEMBER 2019

INFO NIGHT: 5.30 PM  
Lismore District Office  
15/08/2018

 [tinyurl.com/LismoreVietnam](http://tinyurl.com/LismoreVietnam)

The poster features a scenic background of a Vietnamese bay with limestone karsts and a traditional boat with yellow sails. The text is overlaid in white and blue boxes.





# REGISTER NOW

visit [littleathletics.com.au](http://littleathletics.com.au) to find out more

## Lismore Little Athletics Club

Held at Riverview Park

South Lismore

Starting 7th Sept. from 5pm

contact: [lismorelittleas@gmail.com](mailto:lismorelittleas@gmail.com)

find us on Facebook



Join the Coles Little Athletics family today



# Lismore Workers Swim Team 2018/2019 Season Sign On

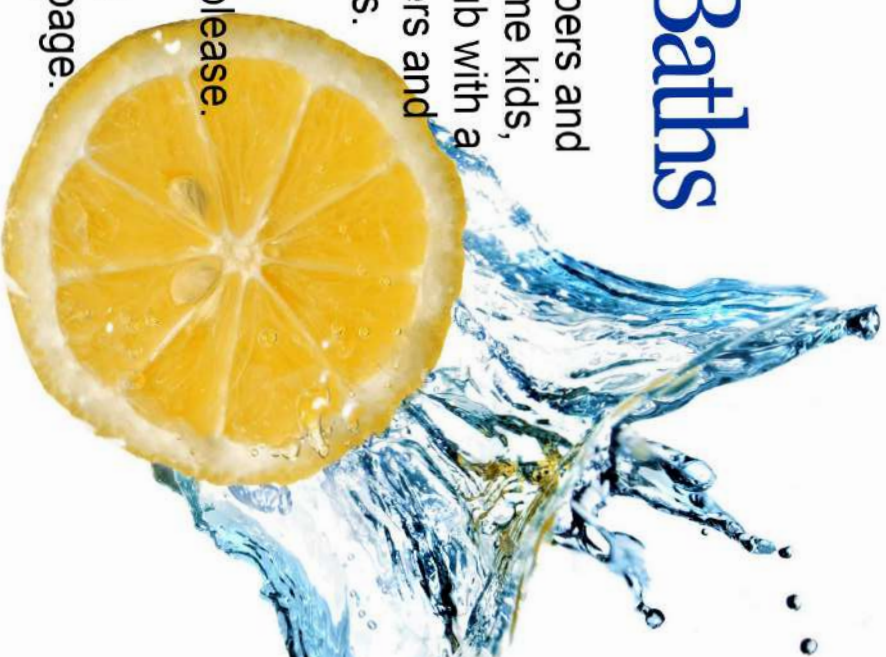
## Friday 14th September 5.30pm

### Lismore Memorial Baths

Come and try swim club, the first 2 nights are FREE for all new members and their families. It is a great social night for the whole family, we welcome kids, teenagers and adults of all ages and abilities. We are an inclusive club with a range of children with differing abilities from early beginner swimmers and social Friday night swimmers, to state and national competitors. We run a BBQ every Friday with snags and chicken kebabs.

Could all members from previous seasons sign on and pay online please.

For more information contact Lismore Workers Swim Club at [lwstsecretary@gmail.com](mailto:lwstsecretary@gmail.com) or message us through our Facebook page.



# LISMORE HIGH CAMPUS CANTEEN WINTER MENU TERMS 2 & 3 2018

## RECESS HOT FOOD

★ Garlic Bread	\$2
Parmesan Herb Bread	\$2
Toasties	\$3
Ham/Cheese Scrolls	\$3.50
Chicken Nuggets	\$3.50
Chicken Bites	\$3.50
Spinach & Fetta Pastries	\$3.50
Noodle Cups	\$2.50
Waffles (with yoghurt & berries)	\$3
Meatball Subs	\$4
Bacon & Egg Roll	\$4
★ Breakfast Burger	\$4
Selection of Bakery pies	\$4.50
Sausage Rolls	\$3.50
Cheese, Spinach & Fetta Rolls	\$4.50



## MILK

★ Plain Milk	\$2
Oak Carton	\$4
Ice Break Coffee	\$4
Flavoured Milk Lrg	\$4
★ Flavoured Milk Sml	\$2.50
Nippy's Milk Poppers	\$3.50
Chocolate Milk Poppers	\$2.50
Up and Go	\$3.50



## LUNCH HOT FOOD

<b><u>Burgers:</u></b>	\$4
A selection of beef, lamb, chicken, sweet chilli chicken, zinger chicken, falafel, haloumi and mushroom.	
<b><u>Home-made Pies:</u></b>	\$2.50
Butter Chicken Curried Beef Vegie Curry Puffs	
<b><u>Toasted Turkish:</u></b>	\$4
Vegie or Chicken	
Chicken or Beef Gravy Rolls	\$3.50
<b><u>Kebabs:</u></b>	\$4
Chicken or Beef	
Nachos	\$2.50
Potato Gems	\$2.50
Potato Wedges (with sour cream/chilli)	\$3.50
A selection of home-made meals.	\$4



## IN THE FRIDGE

### **Cold Food:**

Sandwiches, Rolls or Wraps	\$4
Salad Tubs	\$4
Rice Paper Rolls	\$4

### **Snacks:**

Custard Cups	\$1.50
Chocolate Mousse	\$2.50
Creamy Rice	\$2
Trifle	\$2
Fruit Tubs	\$4
Yoghurt & fruit pots	\$2.50
Milo or Nutri-grain Cereal cups	\$1.50
Lemon Sago	\$2
Yoghurt Tubs	\$2.50



## JUICE AND WATER

★ Water 600ml	\$2
Water 1 Litre	\$2.50
Mineral Water	\$2.50- \$3.50
Coconut Water	\$2.50
Flavoured Coconut Water	\$3.50
Iced Tea	\$3.50
Juices	\$2.50- \$4

**\*\*We keep gluten free bread and wraps and some cakes. If you are vegetarian or gluten free, it is best to order before 11.30am**